



HEALTH
HUB SPA

Spa Day Collection

HEALTH HUB REVIVAL

Tea or Coffee on Arrival
Use of facilities for 3 hours
1 treatment from our express menu

£45^{.00pp}

Upgrade to a 60-minute treatment for £35.00

ARRIVE & REVIVE

Tea or Coffee on Arrival
Use of facilities for 4.5 hours
2 course lunch
1 treatment from express menu

£65^{.00pp}

Upgrade to a 60-minute treatment for £30.00

Mother's Indulgence

Tea or Coffee on Arrival
Use of facilities for 4.5 hours
2 course lunch
60-minute Pre or post-natal massage
& Pamper Pedicure

£110^{.00pp}

AFTERNOON RETREAT

Tea or Coffee on Arrival
Use of facilities for 3 hours
1 treatment from express menu

Afternoon Tea

£60^{.00pp}

DUSK INDULGENCE

2 course light supper and bubbles
1 treatment from the express menu
Use of facilities for 4 hours

£75^{.00pp}

LUXURY SPA DAY

2 course lunch with wine
120 minutes of treatments
Use of facilities all day

£140^{.00pp}

INDULGENCE SPA DAY

2 course lunch with wine
160 minutes of treatments
Use of facilities all day

£175^{.00pp}

WHY NOT STAY THE NIGHT?

Add Dinner, Bed and Breakfast for £140.00 (Monday-Saturday)
or add Bed & Breakfast for £75.00 (Sunday only)

To book or enquire call us on: 01284 706777 ext.4 or email us at spa@allsaintshotel.com

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FACIAL THERAPIES

FIVE ELEMENT AROMA FACIAL

Our bespoke facial made for you. We tailor this facial treatment to harmonise the Five Elements and address the key underlying concerns of the skin.

60 minutes £65⁰⁰

REJUVENATING AGE SUPPORT FACIAL

This one of a kind facial addresses the key underlying causes of extrinsic ageing. By plumping up fine lines and wrinkles, increasing micro-circulation and feeding the skin with powerful antioxidants it will achieve optimum nutrition for the skin and a more youthful and vibrant looking end result.

60 minutes £65⁰⁰

CLEAR CLEANSE FACIAL

This intensive purifying treatment includes herbal steam towels, extractions and an aloe vera and cucumber mask followed by a cold stone massage to calm and soothe the skin.

60 minutes £65⁰⁰

MOISTURE REPLENISH HYDRATING FACIAL

'A drink of water for your skin'- this facial leaves you with skin that is plumped, nourished and intensively hydrated making it ideal for dry, mature and sensitive skin or a perfect go-to après flight treatment

60 minutes £65⁰⁰

RADIANCE & VITALITY SKIN BRIGHTENING FACIAL

This brightening facial contains a 'power house' of proteins, vita-mins and antioxidants to feed the skin as a whole with long lasting results. Skin feels smoother, appears brighter and more radiant after one treatment.

60 minutes £65⁰⁰

MASSAGE THERAPIES

FIVE ELEMENTAL AROMA MASSAGE

This aromatherapy massage blends customised essential oil infusions with warm steam towels, heated stones and skilful therapeutic techniques to deliver the ultimate massage experience.

60 minutes £65⁰⁰

PRE-NATAL WELL-BEING MASSAGE

A massage developed specifically to address the body's needs during pregnancy. Using an infusion of mandarin, rose and lavender flower with an ultra-comfortable adjustable massage bed, our pre-natal massage is a must for any mother-to-be or new mother.

60 minutes £65⁰⁰

HO-LEAF & ROSEMARY MUSCLE MELT

Combining stimulating Ho Leaf, lemongrass, nutmeg and rosemary with deep tissue massage therapy, this concentrated treatment will unravel tension in sore and tight muscles, relieve deep stress and tension and enhance the body's circulation

60 minutes £65⁰⁰

THAI QI FLOW

This therapeutic, warming and invigorating massage integrates Thai herbal poultices with stretches and acupuncture. Helps energise the body's flow of Qi, release tight muscles and promote a feeling of optimum well-being.

60 minutes £65⁰⁰

BACK BLISS

Minimum time for maximum results, this aromatherapy back, neck and shoulder massage blends customised essential oil infusions with warm herbal steam towels, heated stones and skilful therapeutic techniques to deliver the ultimate express massage experience.

30 minutes £35⁰⁰

Add to any of our 60 minute facials or body therapies for £29⁰⁰

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FINISHING TOUCHES

LADIES' HAIR REMOVAL

Waxing is suitable for the removal of all hair growth, including facial hair. Results can vary on each individual, but usually results can last up to four weeks.

- Full Leg Wax £25.00
- Half Leg Wax £19.00
- Under Arm £13.00
- Bikini Wax £13.00
- High Bikini £18.00
- Lip & Chin £13.00
- Lip Wax £7.00
- Eyebrow £9.00

GENTLEMEN'S HAIR REMOVAL

- Back £29.00
- Chest £19.00
- Brows £9.00
- Back & Chest £35.00

TINTING

These treatments require a test patch at least 24 hours prior to application

- Eyebrow Tint £9.00
- Lash Tint £9.00
- Lash & Brow Tint £15.00

Express Treatments

All treatments £35 & last approximately 30 minutes

- In Your Element Facial
- Back Bliss
- Back Bliss & Coconut Scrub
- Five Element Foot Soak and Massage
- Waxing Bundle – Brows, Lip and Chin
- OPI Gel Application on Fingers or Toes
- Five Element Accupressure Scalp Massage
- Age Support Eye Lift

Add any of the above treatments to our 60 minute facials or body therapies for £29.00

THYME SPA HAND & FEET THERAPIES

OPI FILE & PAINT MANI/PEDICURE

Your nails will be filed and shaped before application of your favourite OPI polish. Please note this service does not include cuticle care.

15 minutes £12.00

SIGNATURE SPA MANICURE BY OPI

Your nails will be filed and your cuticles pampered before being buffed and prepped for your chosen OPI shade for weeks of long lasting colour and glossy wear. This treatment is finished with application of nail and cuticle oil and a hand massage.

25 minutes £19.00

Upgrade to OPI Gel Application 45 minutes £25.00

PAMPER MANICURE BY OPI

Cuticles and nails are pampered, whilst hands are gently exfoliated with elemental herbology coconut shell scrub. Hands and arms are then massaged using our luxury mandarin and geranium lotion. We'll then apply your chosen shade of polish for long lasting glossy colour.

40 minutes £29.00

Upgrade to OPI Gel Application 60 minutes £35.00

SIGNATURE PEDICURE BY OPI

Your nails will be filed and your cuticles pampered before being buffed and prepped for your favourite OPI shade for weeks of long lasting colour and glossy wear. This treatment is finished with Gel application and cuticle oil.

30 minutes £29.00

PAMPER PEDICURE BY OPI

Nails are buffed and shaped, whilst your cuticles and rough skin areas are soaked in Himalayan salts, this is then followed an exfoliation scrub. We then perform an indulgent foot and leg massage, before we apply your chosen shade of polish for long lasting glossy colour.

40 minutes £32.00

Upgrade to OPI Gel Application 60 minutes £39.00

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